



## MUNI SPA MENU (Tax included)

### Holistic Body Treatment

Balancing	60min 20,000yen	90min 30,000yen	120min 40,000yen
Therapeutic	60min 20,000yen	90min 30,000yen	120min 40,000yen
Oriental Massage	60min 20,000yen	90min 30,000yen	120min 40,000yen
Hot Stone Massage	90min 33,000yen	120min 44,000yen	
Reflexology	60min 18,000yen		

### Holistic Facial Treatment

Refresh	60min 22,000yen
Hydration	60min 22,000yen
Anti-Ageing	90min 33,000yen

### Package

Purifying Ceremony	90min 33,000yen
Peaceful Awakening	90min 33,000yen
Ultimate Harmony	120min 44,000yen
MUNI Signature	180min 65,000yen

### VALMONT

Energy Ritual	60min 26,400yen
Hydro Collagen	90min 39,600yen
Intensive Lift	100min 41,800yen

### Mothers-to-be

Body Treatment	60min 20,000yen
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### Option

Dry Head Spa	30min 10,000yen
Mini Facial	30min 13,000yen
Body Renewal Scrub	30min 13,000yen

## Holistic Body Treatment

Balancing 60min/90min/120min

This body massage applies truly comfortable long gliding strokes to ease tension and stress of your body and mind.

Therapeutic 60min/90min/120min

This unique fascia release massage restores muscle flexibility by relaxing contracted muscle and triggering stretch reflex.

Oriental Massage 60min/90min/120min

This whole body treatment releases tension from your body using an original massage technique combined.

Hot Stone Massage 90min/120min

This relaxing treatment is for removing any accumulated stress and muscle stiffness.

Using heated stones will warm you up your body from core and will generate new energy to mind and body.

Reflexology 60min/90min/120min

This treatment applies therapeutic pressure to the specific reflex zone and muscular fatigue parts of your feet and lower legs.

Improve blood circulation and encourage your body's natural healing process for fatigue recovery.

## Holistic Facial Treatment

Refresh 60min

After relaxing the contracted muscles of back, neck, shoulders and head, deeply cleanse and massage your face to refresh.

Hydration 60min

This treatment aims to deeply cleanse your skin, and intensively hydrate it with facial massage and a nourishing mask, leaving the skin firm and moisturized.

Anti-Ageing 90min

Starting with back massage to boost blood circulation, this facial treatment tightens and brightens the skin by massaging facial muscle, head and shoulder with original spa products.

## Package

### Purifying Ceremony 90min

This body scrub using KONNYAKU traditional Japanese plants Gently exfoliate leave the skin bright and soften. It makes yours skin fresh and youthful.

### Peaceful Awakening 90min

Body and facial package treatment. Choose your emphasis on either body massage or facial treatment.

### Ultimate Harmony 120min

Body and facial package treatment. Revitalize and restore your body to its optimum condition with this luxurious treatment.

### MUNI Signature 180min

This spa menu takes holistic approach with 90 min body massage and 90 min facial treatment to bring out greater results to your skin.

## VALMONT

### Energy Ritual 60min

The impact of stress,pollution and the high demands of modern life progressively mark the skin.One day after another,the complexion becomes dull and lackluster;it loses its freshness because the cells are deprived of oxygen and nutrients.With the ENERGY RITUAL treatment ritual,a booster of cellular renewal,VALMONT offers your skin genuine rejuvenation,inspired by the amazing force of eternal snows. Thanks to renewed energy,the struggle agains cutaneous ageing takes on its full meaning. This original and symbolic treatment provides your skin with the vigor and energy required for its beauty.A genuine rebirth that will make you look ravishing.

### Hydro Collagen 90min

With the passing of days,the bumps and curves in your face will tend to become deeper and your facial contours more severely marked. Although wrinkles and the loss of firmness are unavoidable,their appearance and intensity can be visibly reduced.To delay or prevent these most visible signs of ageing,Valmont demonstrates all its know-how in the ANTI-WRINKLE treatment,a resolutely anti-wrinkle and firming treatment. INTENSIVE CHRONO CELLULAR LIFT TREATMENT,a lifting massage,a collagen facial mask...allow your skin to reach the heights it deserves!An ideal treatment for a visibly and durably lifted and denser face.

### Intensive Lift 100min

Signature spa program to treat and prevent the most visible signs of aging by utilizing two skin care products for lifting and firming effects. V-LINE LIFTING smooths wrinkles and V-SHAPE FILLING restores the skin density and improves skin tone. With this undeniable lifting and firming expert treatment, your skin is lifted and rejuvenated.

## Mothers-to-be 60min

Designed for expectant mothers after 16 weeks of pregnancy.

Performed in a side lying position is comfortably eases away tension in the lower back and tight shoulders, completely relax both body and mind.

\*Please check PREGNANCY MASSAGE THERAPY GUIDELINE.

## Option

### Dry Head Spa 30min

A head spa using carbonated mist toner and refreshing scalp serum to massage and keep scalp refreshed.

### Mini Facial 30min

This Mini Facial involving deep cleansing, moisturizing and massage neck, décolleté and face. Add to any body treatment. ※Not included facial mask

### Body Renewal Scrub 30min

This body scrub using KONNYAKU traditional Japanese plants Gently exfoliate leave the skin bright and soften.

## Etiquette

- Please inform your therapist during the counseling if you are under medication and/or feeling unwell.
- Your reservation may be cancelled if you are more than 10 minutes late from your original appointment time.
- Your appointment time may be shortened if you are late for your appointment.
- Please inform your therapist during the counseling if you have any allergies or sickness caused by medicine, plant and/or cosmetic products.
- The treatment at MUNI SPA are not medical treatment. The results will vary according to the individual.
- All will be pair rooms.
- Children under the age of 11years old are not allowed to the enter the spa treatment rooms.
- Please follow the guidance by your therapist during the treatment. Any acts that may disturb other customers are prohibited.
- Please note that for high blood pressure, heart disease, pregnancy or certain medical conditions, we will require written permission from your Doctor to proceed. Please speak to our Spa therapist for more information.
- We also accept visitors.

## Cancellation Policy

- To change or cancel your reservation, please contact us at least 6 hours prior to the treatment, For the notice less than 6 hours prior to the treatment, 50% of the standard treatment price will be charged. If the customer fails to cancel his/her reservation, 100% of the standard treatment price will be charged.

## PREGNANCY MASSAGE THERAPY GUIDELINE

- As for receiving massage therapy, must be after 16 weeks of pregnancy and also it is necessary for your health care provider/physician gives you a permission.
- Please consider the time for counseling and changing would take 30 minutes besides the program time.
- If you do not feel well on the day of your appointment, please contact us for cancel or change. No-shows will be charged a 100 % of the treatment fee.
- In case of emergency during the program (Especially if you are in the last month of pregnancy) we may ask your spouse or relatives for assistance.
- Please kindly note that we are unable to provide our services if you have any of the following symptoms:
  - Threatened abortion
  - Threatened premature delivery
  - Genital bleeding
  - Hypertensive disorders of pregnancy
  - Gestational diabetes
  - Preexisting diabetes
  - Placenta previa
  - Deep vein thrombosis
  - Multiple pregnancy